

Making a Heart Map

We use the image of our heart to describe many things. Many of you may have had a broken heart or have felt your heart soar after an exciting moment in your life. In order for all of us to get to know you, I want you to create an image of your heart which you will later describe and explain to the class.

Assignment:

On a blank sheet of paper, draw a picture of what you hold close to your heart. Things to consider putting in your heart include the following:

1. People, places important to you
2. Things you do well or like to do
3. Hobbies, interests, sports, clubs you are a part of
4. Information about family, nationality, etc.
5. Unusual experiences
6. Favorite quotes, movies, books, etc.
7. Cultural symbols representing your heritage
8. Nicknames/adjectives to describe you
9. Photos of you or you with your family/friends
10. Anything else that defines you

As you design your heart keep in mind:

1. Color symbolism
2. Placement of information- things most important should go in the middle, least important outer edge or things not part of you anymore (like a broken heart or a bad memory) can go outside your heart
3. Design of heart- doesn't have to be typical heart shape (Be creative!)
4. Use words and pictures (drawn) or clip art okay...

You should bring this to class tomorrow and be ready to share your heart with your classmates- thus, please include material you will be comfortable sharing!

QUESTIONS TO HELP MINE YOUR HEART

What has stayed in your heart? What memories, moments, people, animals, objects, places, books, fears, scars, friends, siblings, parents, grandparents, teachers, other people, journeys, secrets, dreams, crushes, relationships, comforts, learning experiences?

What's at the center? The edges? *What's in your heart?*